

# UCLA Animation Workshop

## Adobe Premiere QuickTime MOV Export Settings

### Video:

Format: **QuickTime**  
Video Codec: **Apple ProRes 422**  
Frame Rate: **23.976**  
Width: **1920**  
Height: **1080**  
Aspect: **Square Pixels (1.0)**

### Audio:

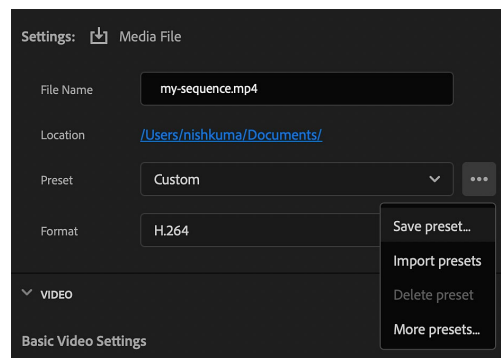
Audio Codec: **Uncompressed**  
Sample Rate: **48000 Hz**  
Sample Size: **24 bit**

An Adobe Premiere Export Preset .epr file with the above settings can be downloaded here:

[https://fallinglizard.com/files/UCLA\\_Animation\\_AdobePremiere\\_Media\\_Export\\_Preset.zip](https://fallinglizard.com/files/UCLA_Animation_AdobePremiere_Media_Export_Preset.zip)

Unzip the downloaded .zip file to extract the .epr, and then Import the .epr Preset into the Premiere Export window by clicking ... next to the Preset dropdown and selecting "Import presets".

You'll then be able to select the Preset in the dropdown for future exports without needing to re-import.



The sound system in the James Bridges Theater is LOUD so the audio needs to be quieter than a regular mix for a computer. Use the following -20 dB audio level reference file for comparison with existing audio and mix to levels that will be appropriate for the Bridges Theater:

[https://fallinglizard.com/files/-20dB\\_UCLA\\_lvlCheck.aif](https://fallinglizard.com/files/-20dB_UCLA_lvlCheck.aif)

***Remember to delete the reference audio before exporting***

You will probably also need to do a separate, louder mix for posting online since computers have a lower volume than Bridges Theater.

This .pdf file, and other useful reference files, can be downloaded from <https://fallinglizard.com/files>